



## Keeping Patients on Track with Health Tracker

Proper adherence is critical to any treatment success and the stakes are especially high for cancer patients. Yet, the complexity and resulting consequences of therapy make it difficult for both oral and IV patients to stay on track.

Health Tracker is a first-in-class mobile application that gives cancer patients the help they need to adhere to therapy and manage their symptoms when you can't be there in person.

### Extending patient care beyond the clinic

Health Tracker sends simple text message reminders and scheduled symptom check-ins to patients, enabling you to remotely monitor and manage their care.

#### WHAT MAKES US DIFFERENT?

- » Developed with leading cancer centers & staff
- » Tested and approved by actual cancer patients
- » The only oncology app on the market capable of making patient data actionable in real time
- » Seamless integration into care management workflows and broader patient platform proven to engage patients and improve practice efficiency

### What are the benefits of Health Tracker?



#### Reduce unnecessary hospitalizations

Proactively manage patients to get ahead of symptoms and medication non-adherence



#### Systematically manage your high risk patients

Expand your reach with remote monitoring while delivering patient care in a targeted, methodical way



#### Achieve better treatment outcomes

Set reminders matched to the patient's treatment regimen to keep them on therapy



#### Greatly improve the patient experience

Give patients a 'lifeline' that communicates what to do, what to expect, and when to reach out

# Feature Overview | Health Tracker

### SET REMINDER SCHEDULE

**Start sending reminders on\***

Cycle  Day

Example: MM/DD/YYYY

**Send reminders at\***

:   AM  PM

Example: 3:30 PM

**Oral Adherence Reminders**  
Select the days you want to send a reminder  
[Select All](#) [Clear](#)

1	2	3	4	5	6	7
8	9	10	11	12	13	14

Mirror reminder schedules

**The patient has consented to receive reminders and understands:**

- Responses will not be monitored nights or weekends
- Health Tracker should not be used in the case of an emergency
- They may be responsible for text and data charges

**Symptom Check-In Reminders**  
Select the days you want to send a reminder  
[Select All](#) [Clear](#)

1	2	3	4	5	6	7
8	9	10	11	12	13	14

## Customized Cycle Schedules

Schedule oral medication and symptom reminders to match any patient's treatment regimen

## Flexible Scheduling Options

Pair or set reminders independent of each other to meet the needs of both oral and IV chemo patients

## Stop, Pause and Resume

Cycles can be stopped or paused and resumed at the exact point of pause, the next scheduled cycle or follow a newly edited cycle

## Elevated Alerts

Patients placed in an elevated alert status trigger more sensitive alerts



## Use Health Tracker to improve your patients' lives

A recent study<sup>1</sup> found that giving patients a web-based tool to report their symptoms and side effects not only gave patients a better quality of life and resulted in fewer trips to the emergency department, but also helped patients live longer.

1 Basch E, Deal AM, Kris MG, et al. Symptom monitoring with patient-reported outcomes during routine cancer treatment: A randomized controlled trial. Journal of Clinical Oncology 34:557, 2016.

Learn how **Health Tracker** can help: [info@navigatingcancer.com](mailto:info@navigatingcancer.com)

